

# the Early Bird Savings Club



Quarterly Newsletter for Kids

## Leaving Room for Mistakes

You're going to make mistakes. And that is ok. From doing the wrong assignment to mixing up your schedule to making money mistakes; you're not perfect and life happens. What you learn from these mistakes is what is important. Here are a few tips to help you learn from your mistakes.



1) Name them – Admit your mistake. Say what it was, maybe tell someone else or at least write it down. Think about what your goal was and how or where the plan went wrong.

2) It's not you – A mistake is its own thing. Just because you made the mistake doesn't mean it defines you. A lot of people let their mistakes bring them down, but if you are learning from your mistakes, they should be building you up, making you better.

3) You didn't fail – Making mistakes happens, but you didn't fail, you just found something that didn't work as you wanted it to. Maybe you broke a window playing basketball in your room and now you understand why your adults always tell you that was a bad idea. You didn't fail—you learned to listen to advice from people who've been there before.

4) Reset your goals – Giving up on your goals because you made a mistake is a terrible idea. Use mistakes to learn how to reset goals and plan new ways to accomplish them. Is it a rainy day and you can't go outside? Instead of playing ball in the house, invent a new game to have fun. Want to save up for a new video game but keep spending your money on candy? Make your money harder to get to by putting it into your saving account!

Mistakes aren't the end of the world. Oftentimes they are the start of a new path. Use them to learn and you will get a lot more done in life.

## *Making a Rubber Band Car*

Want to build a racecar? Want to learn about physics, potential energy, kinetic energy, and conservation of energy? Build some rubber band cars with your friends! Here's what you need and how to build some rubber band cars and start learning.

What you'll need:

- Cardboard or other stiff material for a frame; popsicle sticks work
- Straws
- Skewers or wooden rods
- Wheels – could be CDs, bottle caps, or anything round and wheel-like
- Paper clips
- Assorted rubber bands
- Tape
- Scissors
- Glue; any kind you have will work



There's no right way to do it—use your imagination when designing your rubber band car.

The cardboard, or whatever else is the frame, is the part that everything else attaches to. Glue the straws parallel to each other and then put the skewers (or whatever you have) through to work as the axle.

You'll need to find a way to secure the rubber band to the frame and then around one of the axles. Do you want front-wheel or rear-wheel drive? Which one do you think will be faster? Can you make a four-wheel-drive car? Try it.

There is no right or wrong way to build a rubber band car. Use your imagination. The parts listed aren't even what you need to use, you can use anything you find that you think will make your car the best car for you. The only way to do it wrong is to not have fun learning!

